Census 2020 Update: The Count Counts

Submitted by Matilda Shendo, Tribal Enrollment Office

Tribal members should be aware that the US Census Bureau Decennial Count is in full effect as of January 2020. From March 12, 2020 to mid-May you will all receive census documents by mail. It is your responsibility to answer the Census either by calling in, or online if you have access to a computer; you can also reply by filling out the survey by hand and returning it to the US Census.

It is crucial that all tribal members are counted in 2020 since the majority of funding the tribe receives depends on the number of tribal members counted. For every person who is missed, our tribe loses $3,745 each year; multiply this amount by 10 (until the next count) and the figure comes to $37,450 for just one person. Imagine our loss if even 10 people are not counted! We understand that many people do not like to be surveyed, but the census count is critical for the tribe’s financial well-being.

Some of the program funding that our community relies upon is related to the census count. These programs include Supplemental Nutrition Assistance Program (SNAP), Women, Infants and Children Program (WIC), Medicaid and Medicare, and grants for Housing, Law Enforcement, Social Services, and economic development among others. We need this funding now and for the future.

Jemez tribal members should fill out their tribal affiliation as Pueblo of Jemez (this is how the federal registrar records it.) Tribal members living away from the pueblo also should answer the census question as “Pueblo of Jemez.”

The Enrollment Office and Tribal Administration are planning several events to make

Continued on page 2
From the Governors, Continued

the community aware of the important timelines. Flyers and posters will be placed around the community with more information. April 1, 2020 is the kick-off day and we are planning an event that will involve the community. Come participate in this kick off!

If you cannot answer the Census, please contact the Enrollment Office and they will assist you. During this time period, Enrollment will not have limited services; it is critical to get all of our tribal members counted. Five individual have been identified as Complete Count Committee Members who will assist during this event; all are tribal members and will attend the events. If surveys are not answered by May 13, 2020, then the counters will be knocking at your doors.

PLEASE BE COUNTED! This affects our community for the next ten years.

The US Census Bureau is offering part time jobs as census-takers. For more information about applying, go to the Census website at https://2020census.gov/en/jobs.html

Governors Meet With Tribal Staff

On Wednesday, Jan. 22, 2020, Governor David Toledo, 1st Lt. Governor John Galvan and 2nd Lt. Governor Elston Yepa addressed all Pueblo of Jemez employees at the Walatowa Youth Center. The intent of this meeting was to inform employees of the priorities the Governors have set.
From the Governors, Continued

for 2020 and identify goals that need to be pursued to achieve those priorities.

The Governors’ stated priorities include new home construction, tribal economic development and improved services to community members. The Governors stressed that they want increased communication and collaboration between tribal departments, adherence to established policies and procedures, and increased efforts to obtain additional grant funding for tribal programs.

New Mexico State Legislature Senate Indian Affairs Committee

Governor Toledo, 1st Lt. Governor Galvan, 2nd Lt. Governor Yepa and other tribal leaders attended a meeting of the New Mexico Senate Indian and Cultural Affairs Committee on Jan. 28 at the state capitol. Senator Benny Shendo, Jr. is a member of the committee. The leadership group presented the needs of the Pueblo of Jemez community and requested state funding.

Governor Toledo to Serve AIPCG

Governor Toledo will serve as Secretary for 2020 All Indian Pueblo Council of Governors (AIPCG.) The pueblo governors also elected Santa Clara Pueblo Governor Michael Chavarría as Chairman and Laguna Pueblo Governor Wilford Herrera, Jr. as Vice President.
TRIBAL ADMINISTRATION

Welcome Mat

Tribal Departments

New Governors’ Aide Darryl Madalena assists the executive assistant and administrative assistants at the tribal Administration Building. He will be working under the supervision of the Governors, and will be out in the community enforcing safety on a daily basis. “Please welcome Darryl to the team. He will be a huge asset to the organization. He will do great!” says Second Lt. Governor Elston Yepa.

Mark Panana, Travel Clerk, earned an associates degree in accounting from Southwestern Indian Polytechnic Institute (SIPI) in 2015. He has worked for Jemez Community Development Corporation (JCDC) and the Indian Pueblo Cultural Center as an office/finance clerk. Most recently, he was the assistant manager for a Dollar store. He cares about the Pueblo deeply and wanted to contribute.

Donovan Vicenti (Jemez and Zuni) has joined the Finance Department as a General Ledger Accountant. He holds a degree in IT Networking and has had educational experiences in both accounting and management. He worked for the Department of Interior for the past 20 years, most recently focused around management and leadership of the organization.

“One of the biggest reasons for coming to work for the Pueblo of Jemez was to bring my knowledge and experience in hopes of giving back to our community and our people,” Donovan says. “With my experience in the federal sector, I can be a valuable asset for the tribe. But most of all, I want to expand my knowledge by understanding the inner workings of tribal government. I hope to do my job to its fullest capacity as I do appreciate whole-heartedly the opportunity I was given by our leadership and the community.”

Teran Villa will serve as a Student Outreach Coordinator in the Education Department to help students with college and career readiness along with other program efforts. He has experience with youth leadership and development stemming from his service in Native American Youth Empowerment (NAYE) and his efforts that lead to the creation of the Youth Committee for the All Pueblo Council of Governors which focuses on policy analysis and professional development. He holds a Bachelor of Arts from the University of New Mexico and is currently working on his Master of Public Administration degree.

Health & Human Services

Tamara Taylor, PA, is a new provider at the Jemez Clinic. She has been a physician’s assistant for over 20 years, working mainly in Emergency Medicine. Most recently, she was at Rust Presbyterian for the past five years.

“Initially I was a travel provider and fell in love with the mountains!” Tamara says. “My husband and I relocated here from Indiana along with our two adult children. My son is in physical therapy school at UNM and my daughter works for the National Forest Service in wildlife. We love hiking with our dogs and fishing. We are building a home in Jemez Springs and look forward to getting away from the city.”

Tamara will be seeing same-day appointments and walk-ins for urgent illnesses and injuries at the new Acute Care Clinic. (See related article on page 9.)
Welcome Mat, Continued

Gwendolin Bitsuie, (Dine, Ashiihi (Salt clan), born for the Bit·ahnii (Folded Arms clan), maternal grandfather clan is Táchii·nii (Red Running Into the Water People clan), paternal grandfather clan is Hasht·lišnii (Mud clan), is the new Protection Specialist with the Social Services Program. She graduated from the University of Phoenix in 2009 with a bachelor’s degree in Human Services/Management and has worked in social services for over 10 years in Arizona and New Mexico. Her next goal is to continue her education for a master’s degree in Social Work.

“I am excited to be working with my co-workers and the community,” Gwen says. “I am looking forward to the challenges and collaboration that will come with my new position.”

Gilnore Paraiso, Health Information Management (HIM) manager, holds a bachelor’s in economics as well as an associate’s degree in health information technology (HIT). He is certified as Registered Health Information Technician (RHIT). He started his career right after receiving a bachelor’s degree from the University of Minnesota working as a revenue cycle analyst for a consulting firm. Soon he started consulting more and more in Health Information Management, finding that area more interesting than the revenue side of operations. After a number of years, he returned to school to attain both an HIT degree and RHIT certification.

“There are a lot of challenges with my new position,” Gilnore says. “The HIM program at JHHS is in its infancy and it falls to me to decide how to raise it. My goals are to make the program as efficient as possible. By that, I mean I want to achieve quick turnaround times for release of information, and be up to date on scanning and medical coding to give patients the best care possible. HIM is directly connected with virtually all the programs in any facility because the department directly handles medical records for patients. Of course, I cannot achieve all this without the help of my staff and the help of everyone working for JHHS.”

Jolene White (Dine, Zuni clan, born from Edge of Water clan, maternal grandfather Red House, paternal grandfather Tobacco Mountain) is with the Health Information Management team as a technician. She worked for BlueCross/BlueShield for 15 years, and recently graduated with a Bachelor’s in Health Sciences with an emphasis in Health Information Management.

“It’s exciting to move into a position related to my education as this will help with reaching new heights in my career and making progress towards my end goals,” Jolene says. “I understand that I may not have the answers or knowledge to perform my job immediately, and it will take time and patience to learn. My goals are to earn a leadership position, which entails taking on more responsibilities and taking advantage of any training opportunities. Overall, my end goal is not only to help our Native people but to give back to our community.”

Pueblo of Jemez Job Opportunities
Apply online at www.jemezpueblo.org.
For more information, contact the Human Resources Department at (575) 834-7359.

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<td>EMT Paramedic (3)</td>
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<td>Behavioral Health Therapist</td>
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The Pueblo of Jemez Housing Authority

Submitted by Greta Armijo, Director

Tribal Council Resolution 2019-41 converted the previous Pueblo of Jemez Housing Department to the Pueblo of Jemez Housing Authority (POJHA.) Through Tribal Council Resolution 2019-49, a five member Board of Commissioners were appointed to oversee the POJHA. The board members each bring a lot of value and knowledge to the organization.

The Board of Commissioners include:
- Monique Fragua, Chair
- Larry Armijo, Vice Chair
- Eleanor Tafoya, Secretary
- Steven Mora, Treasurer
- Cornell Madalena, Board Member

House Payments

POJHA is now accepting all house payments at the Housing Office. At this time, they are only accepting cash or money orders for house payments. They are working on reconciling all tenant files; upon completion, they will notify all homeownership tenants of the pay-off balances to their existing homes.

Housing Needs

POJHA will be working on conducting a housing needs assessment for the community. The housing needs assessment will help identify housing issues and solutions that can be used to make strategic decisions. Your participation in the assessment will help the department focus on and address the housing needs in our community.

The community is encouraged to come in and see the POJHA! They can answer your questions about housing assistance, the application process and eligibility requirements. You are welcome to come in and discuss what program you may be eligible for.

The guidelines that the department follow come directly from the US Department of Housing and Urban Development (HUD.) (See chart below.)

Programs available to applicants who meet the eligibility requirements are:

**Down Payment Assistance**

For families that qualify for the HUD Section 184 Mortgage Loan Program and families that fall into the 80-100% of the median income can qualify. The program is geared for new construction and refinancing.

**Homeownership Program**

Available to low income families and individuals who meet HUD low income guidelines. The program is for new construction and existing single family unit.

**Low Rent Program**

Limited to low income families and individuals who fit within the 80% and below of the Median Family Income (MFI). Eligibility based on HUD low income guidelines.

**Rehabilitation Program**

Provides rehabilitation services to eligible homeowners who are in need of home rehabilitation. Eligibility based on HUD low income guidelines.

Other Programs available through various organizations are:
- **USDA 504 Direct Single Family Housing Repair Loan/Grant Program.** (USDA.gov)
  Provides direct loan and/or grant funds to very low income applicants who do not qualify for conventional bank financing. A loan program for eligible very low-income homeowners or grants for very low income elderly homeowners.
- **Elder Grant Program**
  The elder grant program is intended for elderly applicants ages 62 and older. Maximum assistance available to any individual is $20,000 for loans and $7,500 for grants
- **Section 184 Home Loan Program**
  A home loan program designed for Native Americans who

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**Mean Family Income (MFI) for FY 2019 is $75,000.**

The adjusted US Median Family Income limit for a family size and 80% - 100% of median income are shown below.

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<td>80%</td>
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<td>$54,360</td>
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<td>$65,232</td>
<td>$70,064</td>
<td>$74,896</td>
<td>$79,728</td>
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<tr>
<td>100%</td>
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<td>$60,400</td>
<td>$67,950</td>
<td>$75,500</td>
<td>$81,540</td>
<td>$87,580</td>
<td>$93,620</td>
<td>$99,660</td>
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are members of a federally recognize tribe to purchase a home, refinance or build a new home. The program provides a low down payment, low interest rates and many more benefits.

BIA Housing Improvement Program (HIP)
Program for home repair, renovation, replacement and new housing grant program geared towards members of a federally recognize tribe who have no immediate resource for standard housing.

Applicants must also meet program income requirements.

Now Accepting Applications!
The POJHA Application Process:
Complete Application. Obtain the application form from the POJHA and complete and include all the required fields and documents. The application packet includes:
- Application Check List
- Authorization to release information
- Employment Verification Form and/or Unemployment Affidavit/Self Employment

The Housing Counselor will review the application and determine eligibility. Upon review and determination the applicant will receive documentation from POJHA regarding eligibility. All applicants must submit applications annually to remain on the POJHA assistance list.

Resources:
USDA 504 Loan/Grant Program: www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants
Section 184: www.hud.gov/program_offices/public_indian_housing/ih/homeownership/184/borrowers
BIA Housing Improvement Program (HIP): www.bia.gov/bia/ois/dhs/housing-improvement-program

ELECTION INFORMATION

If you are 18 years old or going to be 18 years old before the next election please register to vote.

If you are not currently registered to vote please register today and if you want to make changes on your current voter registration form.

2020 is the Presidential Election year. Primary Election Day will be the first Tuesday of June, June 2, 2020.

More information will be available as we get closer to Election Day. If you have any questions please contact the Native American Voting Rights office at (505) 934-8826 or County Clerk’s Office at (505) 867-7577. Or go to the New Mexico Secretary of State website at www.sos.state.nm.us for more election information.

The Satellite Election Office is located at Jemez Civic Center.
Preventing and Treating Heart Disease
Submitted by Dawn Dozhier, PA-C

February is American Heart Month, a great time to make a plan of action against America’s number-one killer: heart disease. In 2015, Native Americans made up 18.3% of all deaths caused by heart disease (source: cdc.gov/heartdisease/facts.htm).

Risk Factors
Risk Factors that increase your risk of heart disease include:

Diabetes: Manage your diabetes. Reduce your hemoglobin A1C under 7% to minimize risk of complications associated with diabetes. A baby aspirin with statin medication has been shown to reduce the risk of heart attacks in diabetics. See your health care provider at least every six months to manage your diabetes.

High blood pressure: Manage your blood pressure. Discuss your optimal blood pressure with your healthcare provider. Avoid excessive salt in your diet; take your high-blood pressure medications every day; lose excess weight; and remain active to optimize your blood pressure.

High cholesterol: Know your numbers. See your health care provider to get your fasting blood work done and review the results with your provider. You may need a medication to lower your cholesterol. Avoid saturated fats such as lard, butter and fried foods. Instead, cook with olive oil and eat more chicken and fish than beef and pork. Eat whole grains and more fruits and vegetables.

Smoking tobacco: Avoid using tobacco. If you smoke and are having trouble quitting, see your health care provider to discuss medications that can help you kick the habit.

Obesity: Maintain a healthy body mass index (BMI). If you are obese or overweight, set a goal to lose 10% of your body weight. See a nutritionist to discuss a specific weight-loss plan.

Inactivity: Stay or become active. Choose an activity you enjoy and keep pushing yourself to do it, and soon you will miss it on the days when you are unable to do it. Set goals to become accountable to yourself and others. For example, sign up for a 5K or join a hiking group. Consult the personal trainers at the Fitness Center for help. Call (575) 834-3074 for more information.

Family History: Talk with your provider about any family members with heart disease, especially those under age 50.

Know the Signs
Know the signs of heart attack and stroke: Call 911 immediately if you think you are having a heart attack or stroke. Symptoms of heart attack include chest pain, trouble breathing, sweating, nausea, and arm, back, or jaw pain. Symptoms of stroke include sudden severe headache, dizziness, numbness, weakness, trouble speaking, and problems with vision or balance. Remember F.A.S.T.:

F: facial droop or weakness
A: arm weakness
S: speech problems
T: time to immediately call 911. Time is brain.

Make an appointment at JHHS to make sure your screening tests are up to date and to discuss any concerns you may have; call (575) 834-3022.

For more information go to:
stroke.org
cdc.gov/bloodpressure
www.heart.org/en/health-topics/cholesterol
New Acute Care Clinic Opens

Submitted by Dr. Catherine Taylor, Medical Director

To get most, or preferably all, patients seen the same day for acute medical problems, the Pueblo of Jemez Health Center has started a new clinic they are very excited about. Each day they are open, one provider will be designated to see sick or injured patients who call in that morning; the patients are then placed on the schedule.

Their preference is to get you in to see your primary care provider. If your provider's schedule is full, you will be given an appointment in the Acute Care Clinic. If labs, x-rays or other testing are needed during that appointment, you will be scheduled for a follow up with your primary care provider.

What is acute care?

Brochures are available at patient registration that can answer your questions. The following problems are considered acute care conditions:

- Earache
- Sinus infection
- Allergies
- Cough and cold symptoms
- Fever and body aches
- Depo Provera and emergency contraception
- Flu or flu-like symptoms
- Sore throat
- Simple skin infections and rashes
- Allergic reactions
- Asthma exacerbation
- Burning with urination
- Mild abdominal pain
- Infants less than eight weeks old with fever
- Lacerations or cuts
- Sprains/strains
- Uncomplicated fractures
- Animal or insect bites
- Infected toenails
- Minor burns
- Worker's Compensation
- Head trauma

New provider Tamara Taylor is a Physician's Assistant who will run the Acute Care Clinic. She comes with 30 years of experience in the medical field, many of these in the emergency room at Presbyterian Rust. Dr. Emery and Dr. Taylor will fill in on days Tamara is not at the clinic.

"We are happy that she is able to join our staff. Without her this clinic would not be possible," Dr. Taylor says.

As always, call 911 for medical emergencies. Emergencies include things such as loss of consciousness, and symptoms of stroke or heart attack. For advice on weekends or evenings, the After Hours Phone Line is at (505) 309-2937, or call the clinic at (575) 834-7413.

We are happy and proud to serve the community and hope the addition of the Acute Care Clinic makes it easier for everyone to be seen when needed. If you have questions, please call the clinic at (575) 834-3022.

For Your Eyes

Just a friendly reminder that the Jemez Optometry Clinic is currently scheduling eye appointments. Optometrist Dr. Robert Gracey is available Monday through Thursday to provide eye health care to patients. A variety of frames are available to order. They also provide minor frame adjustments and repairs.

Optometry Clinic hours are Monday through Friday, 8 a.m. to 5 p.m., and they are open during the lunch hour. If you need to schedule an eye appointment, or if you have any questions, you can call (575) 834-7413 or stop by the clinic and speak with Claudine or Janae, Optometry Technicians.

Community Notice From the Walatowa Youth Center

No food or drinks allowed in the gym with the exception of water; sports drinks for players only.

To support our youth in making healthier food and snack choices, the Walatowa Youth Center is making some changes. NO food will be allowed in the gym, with the exception of water. Sports drinks will be available for players only. Concession items that will no longer be allowed for sale in the Walatowa Youth Center include:

- Sodas
- Hard candy
- Kool-Aid gummy bears
- Hot Cheetos and cheese
- Popcorn balls
- Rice Krispies
- King-sized candy bars
- Gatorade over 12 oz.

Contact Northbear Fragua if you have any questions or comments at (575) 834-7059, ext. 3101 or (cell) (505) 252-2538
Reach new heights this year and join Endurance Jemez 2020! Jemez Public Health Programs are proud to host the 4th annual Endurance Jemez Marathon, Half-Marathon, 10K and 5K! Start training today for trail running with great views and tons of fun. Register today using the QR code below or stop by the Public Health Programs office at the Jemez Comprehensive Health Center, Monday through Friday, 8 a.m. to 5 p.m. Or you can send an e-mail to fitt@jemezpueblo.us to request a registration form. We hope to see you all at the starting line!

To access the registration form with your iPhone camera, hover over the QR code, and choose the “Open in Safari” option when it appears at the top of your screen. You will be directed to our spark page where you will find the registration form.

**Due to the popularity of this event, registration will be limited!**
- 26.2 miles 75 participants
- 13.1 miles 250 participants
- 6.2 miles 250 participants
- 3.1 miles 225 participants

**Refer a Friend**
You can also refer a friend to have a chance to win a prize! How will this work? It’s simple! Refer a friend who is a Jemez Pueblo tribal member or employee to participate in Endurance Jemez. The individual who refers the most tribal members/employees will win a runner’s bundle from the Jemez Public Health Program (bundle prize to be announced in March.) To ensure that your referral is counted, have the person registering place your name as a referral on the registration form.

**Saturday FiTT Training!**
Join the FiTT team every Saturday at 9 a.m. at the Walatowa Fitness Center for endurance training and get a first-hand experience at the Endurance Jemez 2020 courses. All fitness levels are welcome!

If you have any questions or concerns about Endurance Jemez, please contact FiTT at (575) 834-7207 or e-mail to fitt@jemezpueblo.us.
Physical and emotional reactions often occur as a result of natural or manmade emergencies, incidents or disasters. These reactions may happen immediately or can occur weeks or months after an event. Traumatic stress reactions can happen to people of any age and can change a person’s behavior, thoughts and physical health.

**Common Responses**

The physical effects caused by a traumatic emergency, incident or disaster may include:
- Rapid heartbeat
- Increased respiratory rate
- Shortness of breath
- Nausea
- Muscle and joint aches
- Tremors
- Headaches

Seek medical attention if any of these symptoms persist.

Thoughts, behaviors and emotions may also change. These changes include:
- Flashbacks or re-experiencing the event
- Withdrawal from normal social relations
- Performance problems at work or school
- Loss or increase in appetite
- Difficulty sleeping or nightmares
- Feeling overwhelmed, hopeless, numb
- Being extremely anxious, fearful, agitated or irritable
- Feeling depressed
- Increased consumption of alcohol or prescribed, over-the-counter or illicit drugs

**What You Can Do for Yourself**

- There are many things you can do to cope with traumatic events.
- Understand that your symptoms may be normal, especially right after the trauma.
- Keep to your usual routine.
- Take the time to resolve day-to-day conflicts so they do not add to your stress.
- Do not shy away from situations, people and places that remind you of the trauma.
- Find ways to relax and be kind to yourself.
- Turn to family, friends, and clergy person for support, and talk about your experiences and feelings with them.
- Participate in leisure and recreational activities.
- Recognize that you cannot control everything.
- Recognize the need for trained help, contact a mental health professional.

**What You Can Do for Your Child**

- Let your child know that it is okay to feel upset when something bad or scary happens.
- Encourage your child to express feelings and thoughts, without making judgments.
- Return to daily routines.

Additional information and emergency management activities is available through the Pueblo of Jemez Department of Emergency Management. If you have additional questions, contact them at (575) 834-7628 or by email to jerry.lazzari@jemezpueblo.us. Thank you for your support and to help bring our pueblo closer to being prepared.

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**The Sandoval County Dispatch non-emergency number is (505) 891-7226.**

**In an emergency ALWAYS dial 911.**
PLANNING & DEVELOPMENT/TRANSPORTATION

PLANNING & DEVELOPMENT/TRANSPORTATION UPDATES

Submitted by Sheri Bozic, Director

The Planning & Development and Transportation Department (PDTD) is working on numerous improvement projects for the Pueblo. Below are the project status updates. If you have questions, please contact Sheri Bozic, Director, or Amanda Rubio, Transportation Project Manager, at (575) 834-0096.

NMDOT-Funded Projects

NM 4 Multi-Use Pedestrian Trail
The New Mexico Department of Transportation (NMDOT) awarded the pueblo a $4.7 million grant to design and construct a multi-use pedestrian trail along NM4. The project entails planning, design, and construction of a 1.9-mile pedestrian trail between mileposts 4 and 6 along NM Highway 4 (Pueblo Place Housing Subdivision to Bear Head Canyon Road.). This project will facilitate safe pedestrian passage between many of the community services and residences located along the NM 4. The Request for Proposal (RFP) for preliminary engineering tasks will be published in early 2020.

NM 4 Bypass
The NMDOT has programmed $3 million to complete the planning and design for the NM 4 Bypass project. The Pueblo will work closely with the NMDOT to complete this very important project. After the design is completed, the Pueblo will apply for construction funding.

NM 4 Traffic-Calming Project
The NMDOT awarded a $21 thousand grant to the Pueblo to mitigate traffic speeding along NM 4 by installing traffic-calming measures. The traffic-calming measures will include gateway treatments at each entrance of the Pueblo on NM 4 (mileposts 2 and 8), and the replacement of two existing 30 mph signs with solar-powered speed display/radar feedback signs on NM 4 (mileposts 4 and 6.)

Tribal Transportation Program-funded Projects

Tribal Administrative Complex Parking Lots/Sheep Springs Way (South Entrance off NM 4)
The project will design and construct improvements for the existing Tribal Administrative Complex parking lots and Sheep Springs Way. The preliminary engineering tasks will be completed by early 2020.

Walatowa Fitness Center Parking Lot/Bear Head Canyon Rd.
The project will design and construct a new parking lot at the Walatowa Fitness Center and improve the entrance of Bear Head Canyon Road to the Fitness Center. The preliminary engineering tasks were completed. The Department will actively search and apply for grant funding for project construction.

Owl Springs Way Bridge Replacement
The project will complete the design plans for a new bridge over the Jemez River. The new bridge will have two driving lanes and will include a pedestrian walkway. The preliminary engineering tasks will be completed by summer 2020. After the design is completed, the POJ will seek additional funding to construct the replacement bridge.

Pedestrian Trails and Bikeways Facility Plan
With extensive input from the community, a pedestrian trails and bikeways facility plan will be developed for the Pueblo. The Pueblo will utilize the plan to seek grant awards for the design and construction of new pedestrian pathways and to make improvements to existing trails at the Pueblo.

Road Maintenance
The road maintenance team works daily to improve roadway and parking lot conditions throughout the Pueblo. The crew completed the Pueblo-wide assessment of needed road repairs. Next, they will develop cost estimates and prioritize projects including repair or replacement of cattle guards, culverts, signs, safety markers, pavement, speed humps, washboard and potholed areas, and other structures. The top priority projects are those that will improve traffic safety and bus routes. For questions regarding road maintenance, please contact Vincent Toya, Heavy Equipment Supervisor, at (505)505-5336.

Construction Tip – Call Before You Dig
Please call 811 or 1-800-321-2537 at least 2 working days in advance before you start any digging project. Whether you are planning to do it yourself or hire a contractor, smart digging means calling 811 before each job. The 811 representative will record the location and other information about your project and notify the appropriate utility companies to mark all buried lines so you can dig safely around them! For more information go to http://call811.com/map-page/new-mexico.

FREE Vehicle Removal!
Do you have an unauthorized, abandon, or unwanted vehicle on your property that is causing a nuisance that you want permanently removed? ATLAS Towing & Recovery will take all vehicles that are damaged, wrecked, totaled, salvaged, scrapped, running or not, FREE of charge. Call ATLAS for more information and/or schedule a pick-up at (505) 445-9104.
Walatowa Head Start Language Immersion Program

The Walatowa Head Start Language Immersion Program (WHSLIP) children have transitioned well back to their classroom routines from their holiday break. The children are back into their full learning mindsets and ready to explore and learn in their upcoming adventures. Also, we welcome and are excited to have a couple of new students who joined the program and we look forward to an adventurous school year of learning.

Health Updates

February is “Children’s Dental Month.” The children are scheduled to visit the Dental Clinic on Wednesday, Feb. 26. All children will get a dental screening and their fluoride treatment. On Thursday, Feb. 20, the Dental Clinic staff is scheduled to visit the classrooms to educate the children on keeping and maintaining healthy teeth with proper care.

Contact Information

Parents/guardians are encouraged to report changes and updates to their contact information as soon as possible. Current and accurate parent and emergency contact numbers are extremely important! Please report any changes or updates on your contact person list and phone numbers to Imogene Shendo as soon as possible. Changes to pick-up and drop-off arrangements must be submitted in writing or e-mailed to HeadStart@jemezpueblo.org. Call (575) 834-7366.

February Program Dates to Remember:

Friday, Feb. 7: Program Planning (No School)
Monday, Feb. 17: President’s Day (No School)
Tuesday, Feb. 18: Jemez Governor’s Day Celebration
Fridays, Feb. 14, 21, 28: Early Release (11 a.m.)
Thursday, Feb. 27: Motherhood Night (5:30 p.m.)

The program welcomes parents, family members and community volunteers to assist with the children’s early childhood learning.
In July 2019, the Pueblo of Jemez Vocational Rehabilitation Program (JVR) contracted with the New Mexico Division of Vocational Rehabilitation (DVR) to implement a pilot internship project (H.O.P.E. for Youth) to help prepare students with disabilities for integrated, competitively-paid work. H.O.P.E. stands for Hands On Preparation and Experience.

The successful summer pilot project placed 10 students with disabilities into work experiences. The students were placed in a variety of tribal programs and businesses at the Pueblo of Jemez as well as the Indian Pueblo Cultural Center and the Pueblos of Zia and Cochiti. They worked about 30 hours per week and earned $10 per hour.

Two pre-employment services were taught at the work sites each week of the summer program. These included job exploration counseling, work-based learning experiences, workplace readiness training, instruction in self-advocacy, and information on college or post-secondary training options.

With the success of the June project, DVR then funded Project H.O.P.E. for Youth for the year. Now in its second nine-week session, the Project works with 15 students with disabilities from area high schools and places them into work assignments. The students come from Jemez Pueblo, Cochiti, Santo Domingo, San Felipe, Bernalillo, Rio Rancho and Placitas. In addition, to Walatowa High Charter School, the students attend or attended Bernalillo, Jemez Valley and Cleveland High Schools. They bring various physical and invisible disabilities such as paralysis, autism, learning disabilities and other communicative and cognitive disabilities.

During the one-year program, students are placed at three jobs, working approximately 12-15 hours a week. Weekly employability skills trainings are designed to improve their ability to gain and keep employment. The training covers employment-related topics such as creating resumes, preparing for interviews, professionalism in the workplace, time sheets, budgeting, dress codes, and problem solving. An essential component focuses on communication skills like speaking up, creating clear messages, maintaining eye contact and social skills. The students also discuss education and career choices, and earn certifications in CPR (cardio-pulmonary resuscitation,) and Customer Service. Individual sessions with Project HOPE coordinator Yolanda Toya focus on personal issues, career and educational goals and the five PreEts services required by the Workforce Innovations and Opportunities Act (WIOA): work-based learning experiences, counseling on enrollment opportunities, work place readiness training, and self-advocacy.

“Like many young adults, they ask ‘what do I do next? Where do I go?’ I help them see what opportunities are really out there,” Yolanda explains.

The students are enthusiastic about the program. Many spoke of learning essential life skills along with basic job duties. “I’ve learned to ask questions, and that it’s okay not to know what to do right away,” one young man noted. “We’re being paid to learn what to do and how to do it.” “It’s a good way to explore different career paths,” added a student who is interested in natural resources.

“A variety of job placements are available according to each student’s interests and abilities,” Yolanda says.

An important component of the program coaches students on how to handle personal interactions. “Many of the students were really shy when they first came to Project HOPE,” Yolanda says. “It’s great to see them coming out of their shells.”

“It really helped me open up,” said one young man. “At the library I used to talk to a lot of people who need help. That means actually going to them. Now I’m not scared to do that.” “I’ve got out of being shy,” a young woman said.

“Now it’s not so scary.” Another young man spoke about stepping up to help a customer in distress, noting he might once have been reluctant to take action.

Any high school junior or senior with a disability is eligible to apply. Students can refer themselves or teachers, parents or service providers can make referrals. Students should talk to their high school teachers or principals so Project H.O.P.E. can work closely with the schools. There is an assessment and interview process. If chosen, both the students and parents must be committed to the Project.

“This project will be life changing for many juniors and seniors with disabilities who need to learn employment skills. In addition, getting paid to learn and grow is just another benefit of the Project,” says Program Manager Rebecca Holland.

For more information, please call the JVR office at (575) 834-0012 or e-mail to Yolanda Toya at yolanda.toya@jemezpueblo.us.
Youth Internship Opportunities

The Intertribal Agricultural Council (IAC) is recruiting innovative, collaborative and focused high school and early college aged youth who are passionate about promoting the regeneration of natural resources within their communities. IAC will offer up to 10 Tribal Land Steward Intern positions to American Indian youth across the country. IAC’s goal is to keep these interns rooted in their home communities for a full summer of work embracing their interests in natural resources through a dynamic partnership with the USDA Natural Resource Conservation Service (NRCS.)

Selected interns will engage in an 8-10 week paid internship between May and September 2020. This paid internship position will be compensated at an hourly rate of $12.50, not to exceed more than 40 hours per week. Each intern will experience a tailored learning plan to enhance their knowledge of natural resource management in Indian Country, exploring their strengths and improving their weaknesses. Additional support for traveling to and from work sites may be available.

IAC has designed these internships to not only educate youth on NRCS employment opportunities, but to also support their ability to collaborate with local stakeholders involved in managing Indian Country’s natural resources. Throughout the summer, these interns will gain an in depth perspective and innovative understanding of how to effectively inspire conservation on the landscape. Internships will be designed to fit within the youth’s community and embrace their passions through a detailed, individualized learning opportunity.

For more information go to www.indianag.org/internships.
POTTERY RECOVERED FROM JEMEZ HISTORIC SITE

By Hayward H. Franklin and Matthew J. Barbour

Between August 16 and Nov. 6, 2018 and March 7 through April 6, 2019, New Mexico Historic Site staff, Jemez Pueblo tribal members, University of New Mexico graduate students, and Friends of Coronado Historic Site volunteers conducted archaeological investigations of a 22 square meter area in Giusewa Pueblo (Jemez Historic Site,) southwest of Kiva 1. During these excavations, a large storage room was discovered and more than 20,000 artifacts and samples were recovered. Field observations at the time suggested that the room was abandoned as a result of fire, possibly during the Jemez Revolt of 1623 or the Pueblo Revolt of 1680.

A dedicated crew of Friends of Coronado Historic Site volunteers, led by Dr. Hayward Franklin, analyzed 9,648 pottery sherds recovered from the storage room during the summer and fall of 2019. This included the analysis of 5,697 fragments of utility ware and 3,951 of decorated pottery. The overwhelming majority of the decorated pottery was identified as Jemez Black-on-white with small numbers of Rio Grande Glazeware and other black-on-white pottery types also being present. The utility ware consisted largely of Jemez Plain Gray.

The pottery fragments were primarily pieces of open-mouth bowls and jars. However, examples of ladles, pipes, soup plates, seed jars, pukis, a candlestick, and sherds ground to form circular or rectangular forms were also identified. The latter group of shaped fragments likely represent spindle whorls or “gaming pieces.” Soup plate and candlestick pieces were found only in the Jemez Black-on-white tradition, suggesting they were made locally and only after the establishment of San José Mission at Giusewa Pueblo in 1621.

Three chronometric samples (two charcoal and one wood) associated with the burned roof of the room were submitted to International Chemical Analysis (ICA) Inc. in Sunrise, FL for radiocarbon (C-14) dating. The two charcoal samples came back with a calibrated range of between AD 1460 and 1650. The wood sample had four potential calibrated date ranges (AD 1520-1590, 1620-1700, 1720-1820, and 1920-present) with some time between AD 1620 and 1700 being the most likely. Based on ceramic analysis and the overlap of the calibrated date ranges, it is expected that the room was burned some time between 1620 and 1650. This range supports the assertion that the Village of Giusewa was burned in the Jemez Revolt of 1623 and not during the Pueblo Revolt of 1680.

The Rio Grande Glazewares, about ten percent of the decorated pottery, also provided important insights into trade. Examination of pottery paste and temper suggests that the area in and around Zia Pueblo was the production location of many of these vessels. Several small Jemez Pueblos, located strategically at the confluence of the Jemez and Salado rivers near San Ysidro, may have played a pivotal role in this trade. The analysis did not identify any Gallina Black-on-white glazeaware of the Acoma-Zuni tradition, Hopi wares, Galisteo Black-on-white, or Santa Fe Black-on-white.

Analysis, interpretation, and write-up of the excavations are ongoing. Currently, research is focused on botanical remains and animal bones. A final report on the excavations is due in the summer of 2021.
The National Native American Indian and Alaska Native Addiction Technology Transfer Center (ATTC) based in Iowa City, IA, in partnership with the Pueblo of Walatowa Veterans Association and the Jemez Behavioral Health Program, will host a Veterans Wellness Conference on March 12 and 13 at the Community Resource Center. The event will honor the veterans from our community and other neighboring tribes. The presenters are Sean Bear, Co-director of ATTC from the Meskwaki Tribe in Iowa, and Ray Daw, contractor, and on the advisory council for ATTC from the Dine Tribe. Both are veterans with much to share.

The Native Veteran Curriculum “Healing the Returning Warrior” began in 2014 as a guide to help returning Native Veterans in their healing. After much consideration, ATTC initially selected Five Modules. The treatment and cultural sections that include women and family will be expanded to include more information on treating families when trauma and secondary trauma are experienced.

The current modules include:

1) **Historical overview of Natives in the military.** Historical accounts make apparent that Native warriors and Veteran ancestors have done much in changing the way the American military fought. It is only right that Natives warriors who have served feel a sense of pride in their efforts and duties.

2) **Trauma, Historical Trauma, and PTSD:** This module explores trauma, historical trauma, and Post Traumatic Stress Disorder from a compounded view that addresses all trauma in order to heal the Native warrior. Since trauma is known to be passed through the genes by heredity, historical trauma should be addressed with Natives.

3) **Assessment and Treatment:** This module looks at Behavioral Health Service efforts from a Western perspective on how veterans are provided a variety of services.

4) **Traditional Beliefs and Healing Practices:** This module is focused on cultural considerations, along with Native teachings and practices from various tribal backgrounds that may be considered when working with Native Veterans. Since there are many tribal backgrounds with various tribal cultural beliefs and practices, there will be differences among them.

5) **Healing the Healer:** This module is culturally designed with Natives in mind and intended for professionals who work with patients or clients who suffer from trauma. Secondary trauma affects others, so to keep professionals in the workforce, they too must remain healthy.

We look forward to this event as we honor our Native Warriors. If you are interested in attending the conference or if you have questions, please contact the Behavioral Health Program at (575) 834-7258.
Jemez Springs Library Events

**Yoga, Thursdays at 9 a.m.** Suggested donation for $5
Friends of the Library

**Children’s Programs, Thursdays, 11 a.m.** Children through age five and their adults. Activities alternate between Storytime presented by library staff (first and third Thursdays), and an unstaffed open-ended Playgroup.

**Caregiver Support Group, 7 – 8:30 p.m. Third Tuesday of each month.** Join local caregivers for mutual support. Facilitators will provide useful information and resources. Note: the Rio Metro bus Route 204 arrives at the library at 6:51 p.m. and departs at 7:52 p.m. so is a transportation option for participants.

**Dungeons & Dragons, Saturdays, 1:30 p.m.** The Jemez Library D&D Group continues to unravel the mysteries of Ravenloft in the 5e adventure Curse of Strahd. Remember to bring your dice! Join us in the conference room unless otherwise directed.

**Tuesday, Feb. 11, 3 – 5 p.m. by appointment.** Compass.
Get help connecting to new resources or troubleshooting problems with established connections. Volunteer LCSW Sally Hunter can help navigate local and national services issues such as Senior Services, legal services, health resources. Contact the library to make an appointment. Second Tuesday of each month unless otherwise noted.

**Wednesday, Feb. 12, 6:30-8:30 p.m.** Accutherapy Workshop with Eleni Fredlund (LMHC, NMCST, EMT-I, ADS.) Using Acupressure for Stress Mitigation. In Traditional Chinese Medicine, the ear provides acupressure points that correspond to each part of the body. When you stimulate a point, using pressure, seeds or needles, the smooth and abundant flow of “qi” or vital life energy returns to the related organ or area, allowing healing to take place. This program includes a materials fee of $10 (cash please.) Please contact this library about financial assistance if the fee is a hardship.

**Friday, Feb. 14, 6 p.m. Family Movie.** “Playing With Fire.” Plenty of laughs for kids in this movie featuring smoke-jumpers as unplanned babysitters. Free popcorn, 50 cent sodas. Bring your own chair or pillow if you’d like.

**Saturday, Feb. 15, 2 p.m. 9/11 Pilot Talk.** Capt. Steve Derebey is a retired United Airlines pilot who was flying a Boeing 757 on Sept. 11, 2001 from Cleveland to Chicago. Steve will share his experiences of that fateful day and describe the actions of the crews, the airline, and the government. Steve flew airplanes for 44 years and now flies his hot air balloon in the Albuquerque area and throughout the southwest.

**Thursday, Feb. 20, 5:30 p.m.** Apple Users Group. Share your questions and answers about using Apple devices.

**Friday, Feb. 21, 6 p.m. Movie Night.** Join us for “A Beautiful Day in the Neighborhood” about journalist Tom Junod and his friendship with Fred Rogers. Tom Hanks portrays Mister Rogers. Free popcorn, 50 cent sodas. Bring your own chair or pillow if you’d like.

**Saturday, Feb. 22, 2 p.m. Horse Trainer and author Ginger Gaffney, a professional horse trainer, who helps a New Mexico ranch that serves as an alternative prison. Gaffney is a top-ranked horse trainer who received an MFA from the Institute of American Indian Arts in Santa Fe. Her work has been published in Tin House and Utne Reader.**

**Wednesday, Feb. 26, 4 p.m. Film: Harriet.** From her escape from slavery through the dangerous missions she led to liberate hundreds of slaves through the Underground Railroad, the story of heroic abolitionist Harriet Tubman is told through this historical drama. Following the film will be an opportunity to discuss the film’s accuracy/inaccuracies. The film length just over two hours.

**Thursday, Feb. 27, 3 -5 p.m. Intro to Virtual Reality for ages 50+.** Learn about the applications for VR being used today. See demonstrations and learn why VR “works” for some people and doesn’t for others. An opportunity to try an Oculus Quest VR headset will follow the introduction. Length of the hands-on experience will depend on the number of participants.

**Friday, Feb. 28, 3 -5 p.m. Virtual Reality Gaming for Tweens & Teens & 20-somethings.** Try your hand at Beat Saber; cheer each other on by watching the screen cast of each player. You must be respectful of others to participate; playing involves wearing the library’s VR Oculus Quest headset.

**Saturday, Feb. 29, 11 a.m. Discuss this month’s book selection, Call the Midwife by Jennifer Worth.**

**Saturday, Feb. 29, 2 p.m. Photography Salon with Walter McQuie.** Join Mission Street Arts resident artist Walter McQuie for a lively discussion of digital photography, composition and content. Bring your camera or iPhone.

All expenses for library events are funded by the Friends of the Jemez Springs Public Library. Many of the event presenters are volunteers. Thank you all for your generous support!
Forest Service News

Public Comment Invited on Proposed Recreation Fees and Changes to Management of Recreation Program

The Santa Fe National Forest is looking for public input on proposed changes to managing the developed recreation program. These changes will impact campgrounds and day-use sites on all five national forests in New Mexico – the Carson, Gila, Lincoln and Santa Fe National Forests and the Cibola National Forest and National Grasslands. Several options are being considered, including raising fees at some sites, charging new fees at other sites, eliminating or repurposing some developed sites, and collaborating with volunteers, partners or concessionaires to manage some sites.

“Public participation gives us the opportunity to hear from all forest users, including visitors, partners, tribes, elected officials and community members,” said Jeremy Golston, Recreation Fee Program Manager for the USDA Forest Service Southwestern Region.

“Almost a million visitors a year come to the Santa Fe National Forest,” SFNF Supervisor James Melonas said. “These proposed changes will help us maintain and enhance recreation sites for the public’s continued use and enjoyment.”

National forests and grasslands operate a variety of campgrounds and day-use areas. Recreation sites with limited amenities and visitor services are generally free of charge, while sites that charge fees offer added services and amenities like restroom facilities, trash collection, visitor security and interpretive services.

Developed recreation sites are popular with visitors. Aging facilities, higher numbers of visitors and limited resources make it increasingly difficult for the Forest Service to maintain and improve recreation sites.

Since 2004, under the authority of the Federal Lands Recreation Enhancement Act, 95% of the revenue from recreation fees and passes remains on the forests to operate, maintain and improve recreation facilities. Unfortunately, the funding needed to address the maintenance backlog and make improvements exceeds the revenues generated from recreation fees and Congressionally appropriated dollars.

Members of the public are invited to comment on the proposed changes to the developed recreation program through Dec. 31, 2020. The SFNF will host public meetings on the recreation proposal; dates and locations will be announced soon, and additional information is available at www.fs.usda.gov/goto/r3/SusRec.

Comments may be submitted through cards available at Forest Service offices, by mail to the Southwestern Regional Office, Attention: Recreation Fees, 333 Broadway SE, Albuquerque, NM 87102, or by e-mail to SM.FS.R3FeeProComm@usda.gov. For more information on the Santa Fe National Forest, visit www.fs.usda.gov/santafe/ or Facebook and Twitter.

Annual Insect and Disease Survey Shows SFNF Holding Steady

The results of the 2019 aerial survey of forest health show the Santa Fe National Forest (SFNF) appears to be holding steady against insect and disease mortality, thanks in large part to the amount of moisture the forest received last year.

Forest Health Protection (FHP) conducts annual aerial surveys of national forests to assess forest health, including tree mortality caused by bark beetles and defoliation by caterpillars that feed on needles and leaves. In 2019, FHP in the USDA Forest Service Southwestern Region surveyed more than 23 million acres of forested federal, state and private land in New Mexico and Arizona. The summary “story map” is at https://go.usa.gov/xdxma.

While the SFNF saw an uptick in bark beetle mortality in ponderosa and piñon pine and Douglas-fir, mortality was down for spruce and fir species. The 10,130 acres of dead Douglas-fir are concentrated in pockets near wildfire scars, including the northern Jemez Mountains and the Sangre de Cristo range. Douglas-fir beetles are commonly found in scorched trees along the edge of fire scars because they are attracted to trees with fire injury.

Defoliators also took a toll on the SFNF. Visitors driving NM Highway 475 (Hyde Park Road) toward the Santa Fe ski basin probably noticed bare branches in the aspen stands. The western tent caterpillar, a native defoliator that has been active in these aspen groves for the last few years, once again feasted on the trees. The good news is that most will survive and refoliate to turn the mountain its usual autumnal gold. In addition to the Big Tesuque area, aspens in the northwestern Jemez Mountains were also attacked by the western tent caterpillar. Western tent caterpillars and aspen leaf beetles both fed on the aspens near Cow Creek on the Pecos side of the forest.

Another noticeable insect infestation was along the I-25 corridor from Santa Fe to Las Vegas, where piñon needle scale, a sap-sucking insect, attacked 9,000 acres. Piñon needle scale seldom kills trees but can cause mortality when combined with bark beetles and drought.

Some good news: the Janet’s looper caterpillar, which made a rare appearance in 2017 and 2018 in high-elevation fir and spruce, seems to be settling back into obscurity, impacting only 5,650 acres in 2019, compared to 10,670 acres in 2018.

“Overall, insect and disease activity on the SFNF is often driven by local forest conditions, and 2019 was what we might expect,” FHP NM zone lead Andrew Graves, PhD, said. “We’ll keep an eye on the winter snowpack and spring weather, which will set the stage for what we might see in summer 2020.”